



## 2010 Monitoring for Diabetic Nephropathy

HEDIS® 2010 specifications for diabetic nephropathy can be met by any **one** of the following tests, visits or treatments.

Any of the following meet criteria for a urine microalbuminuria:

### A. Microalbuminuria

1. 24-hour urine
2. Timed urine for microalbumin
3. Spot urine for microalbuminuria
4. Urine for microalbumin/creatinine ratio
5. 24-hour urine for total protein
6. Random urine for protein/creatinine ratio

### B. Medical attention for any of the following (no restriction on provider type)

1. Diabetic nephropathy
2. End-stage renal disease (ESRD)
3. Chronic renal failure (CRF)
4. Renal insufficiency
5. Proteinuria
6. Albuminuria
7. Renal dysfunction
8. Acute renal failure (ARF)
9. Dialysis, hemodialysis or peritoneal dialysis

### C. Macroalbuminuria

Evidence of a positive macroalbuminuria test during 2009. Positive urinalysis (random, spot or timed) for protein.

1. Positive urine (random, spot, or timed) for protein
2. Positive urine dipstick for urine protein
3. Positive tablet reagent for urine protein
4. Positive result for albuminuria
5. Positive result for macroalbuminuria
6. Positive result for proteinuria
7. Positive result for gross proteinuria
8. \*"Trace" macroalbuminuria results cannot be used

### D. Evidence of ACE Inhibitor/ARB therapy during 2009

1. Evidence of ACE inhibitor/ARB therapy. Documentation in medical record must include, at minimum, a note indicating that the member received an ambulatory prescription for ACE Inhibitor/ARB in 2009.

---

#### **\*In-office microalbumin reagent dipstick testing is easy, and it's billable.**

- Reagent test dipsticks specifically designed to measure **microalbumin** (Micral {Roche} or Clinitek {Bayer}) are available through most clinical supply vendors.
- **Microalbumin** reagent strips differ from those used to perform routine urinalysis that measure **MACRO**albumin only.
- **Microalbumin** dipstick testing is billable using CPT-4 code \*82044.

\*CPT codes, descriptions and two-digit numeric modifiers only are copyright 2009 American Medical Association. All rights reserved.